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## Why Do They Run? Video Follow-Along

Directions: While you watch the documentary, *Why Do They Run?*, complete the following questions. The questions do go in order based on the chronology of the film.

1. This race was created to \_\_\_\_\_ them (the sled dogs).
2. Most sled dogs in the Iditarod are not full breed and are referred to as Alaskan Huskies; they have evolved for thousands of years. Name THREE dog breeds that were mentioned in the film that sometimes make up the Alaskan Husky:
  - \_\_\_\_\_
  - \_\_\_\_\_
  - \_\_\_\_\_
3. What is the resting heart rate of an Iditarod Sled Dog? \_\_\_\_\_
4. What is a “normal” dog’s resting heart rate? \_\_\_\_\_
5. The musher and the sled dog must be able to form a \_\_\_\_\_.
6. From a historical viewpoint, name ONE thing and purpose that dogs were used for:  
\_\_\_\_\_
7. Circle the national park that is the home of the only working sled dogs in the National Park Service?

Yosemite National Park

Denali National Park

Zion National Park

8. Why did Joe Redington Sr. create the Iditarod® Sled Dog Race?

\_\_\_\_\_

9. According to Dr. Stu Nelson, these dogs are motivated by their \_\_\_\_\_ to run.

10. True or False: Dogs can sense a feeling of accomplishment and pride. \_\_\_\_\_

11. During the race, every 20-90 miles the dogs are checked by an army of:

\_\_\_\_\_.

12. At the beginning of each race, what does every dog need to pass? \_\_\_\_\_

13. What are used to protect the dogs' feet? \_\_\_\_\_

14. What are the THREE things that are good for *any* performance dog?

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

15. Name THREE things that sled dogs eat:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

16. What is the minimum number of calories a dog needs per a day? \_\_\_\_\_

## **ANSWER KEY**

1. Save
2. Possible answers: Siberian; Malamute; Pointer; Irish Setter; Hound
3. 40-50 BPM (beats per minute)
4. 120 BPM (beats per minute)
5. Bond
6. Possible answers: pulling whales out of the ice; transporting food to the family; hunting and gathering
7. Denali National Park
8. Possible answer: Joe wanted to keep the tradition of sled dogs and the breed alive.
9. Love
10. True
11. Veterinarians
12. A medical exam
13. Booties
14. Good genetics; ideal conditioning for the task at hand; proper nutrition
15. Fish; Meat; Kibble
16. 10,000 calories